



# BRIGHT STARS

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CHILD CARE & PRESCHOOL

## September 2013 Newsletter

Dear Parents:

### Welcome:

We are so excited to welcome you and your child into our preschool family!

We have based our program on the capabilities, attention spans and interests in an age appropriate manner. Our philosophy at preschool is learning through play. We have taken this approach as we feel this is the most natural way for a child to develop and learn.

### Activity Calendar:

- We are closed on 2nd of September for Labor Day
- We are updating our Qualistar Rating! If you see official looking folks walking around, not to worry, they are the Qualistar raters
- We have a Parent Teacher open house on the 16th of September. Please plan to join and ask any questions that you may have about the center, the daily schedule or anything else!

### September Theme:

This month our main theme will be getting to know you. All of our themes will include activities that will provide the children with the chance to participate in experiences and opportunities that will promote growth and development in such areas as:

- social and emotional development
- creative development
- intellectual development
- physical development

This year we will begin to introduce the children to our daily routine. Even though we may have a set routine, we are still flexible with our activities as per the needs of the children. Taking into account the general attention span of a three-year-old; we have chosen small structured activities that last usually no longer than ten minutes at a time. We usually try and fit three of these structured activities into the day, as we feel this give us a nice balance between structured and free play.

### Alphabet/Numbers:

We will then use stories to help us learn our alphabet and our numbers during the year. Each day the children come to preschool we will try and find some room for the letter and the number we are learning

### Circle Time:

During circle time each class we:

- Do roll call - an activity that helps everyone learn each other's names.
- Introduce our special helper of the day.
- Look at our calendar and discuss today's weather

- We will look at our daily number and letter in a fun, creative, and interactive way that will encourage sight recognition in the order in which they occur in the alphabet and in traditional numerical sequence (1 to 20 is our focus for this year).
- Sing a few simple songs and finger plays that coincide with monthly themes. These songs and finger plays will provide your child not only the chance to express themselves creatively, but it will also help in their language development.

## **Dress Code:**

We ask that when you send your child to preschool, that you always dress them for play, as that is their job while they are at preschool. Also, some of our activities tend to be messy, and we do not want any special outfits to become dirty or stained. We also ask that you send an extra change of clothes with your child, because as we all know accidents can happen to anyone.

It is also extremely important to remember to label all of your child's personal belongings with his/her name.

## **Questions:**

If you have any questions or concerns about any of the information in the newsletter or any of the planned activities please feel free to contact us. We hope that this year will bring a positive and fun first school experience for you and your child, and that you will be amazed at how much they will have all grown and developed in just one year!

Yours truly

Hina Farooqi